

EXCEPTIONAL PRIVATE MATERNITY CARE

AT THE CLAYTON WARD



private.imperial.nhs.uk


Imperial College Healthcare
PRIVATE CARE

MATERNITY CARE AT THE CLAYTON WARD

The Clayton Ward is our private antenatal and postnatal ward at Queen Charlotte's & Chelsea Hospital. We will help you enjoy your pregnancy, birth and postnatal journey with the support of our expert team, in comfortable private surroundings.

Our exceptional clinical care and expertise will support you throughout your pregnancy, birth and postnatal journey, whether it is a straightforward, complex or multiple birth. We have operating theatres next to the labour ward and high-dependency care facilities should you or your baby need any additional support.

All our parents-to-be can choose our midwife-led care or consultant-led care package, providing the highest standard of service where your wellbeing, safety and comfort are always our top priority.

All meals are made to order on site by our team of talented chefs and you can enjoy a celebratory high tea to welcome your new arrival.

We also provide a secure, supervised nursery at night, so you can enjoy some rest whilst remaining confident that your baby is being well cared for.

Discretion is key to our service and we will ensure you have the space, security and privacy you need to enjoy these precious early moments as a family.

To find out more about our maternity services, please call **+44 (0)20 3313 1466** or email **imperial.claytonadmin@nhs.net**.



MIDWIFE-LED CARE

Our midwife-led maternity package is a personalised service suitable for parents-to-be who want to form a close relationship with the dedicated midwifery team that will be with them throughout pregnancy and the birth of their baby.

We will support you through every stage of pregnancy, labour, birth and postnatal care. We will focus on the health and wellbeing of you and your baby, putting you at ease, ensuring the highest standards of care in a safe and comfortable environment.

Our midwife-led care package includes:

- regular antenatal appointments with our dedicated midwife team throughout your pregnancy, where you and your baby's wellbeing is closely monitored, supported by expert care, encouragement and guidance
- routine blood tests
- ongoing individual labour and birth discussions throughout your pregnancy, including in-depth conversations around your birth preferences
- a 24-hour call service, where expert midwives are available to respond to queries
- guidance on how to best care for your new baby

You can also access non-invasive prenatal testing at an additional fee. This test will be conducted by an experienced sonographer or consultant.

To find out more about the maternity services offered at the Clayton Ward, please contact us on:



+44 (0)20 3313 1466



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"We had an excellent experience at the Clayton Ward. Our midwife was amazing and beyond our expectations. She stayed with us throughout and offered superb care and reassurance. She stayed calm at all times and was very friendly and positive. It was a really excellent experience and it couldn't have gone better."

Family's experience at the Clayton Ward



CONSULTANT-LED CARE

As a Clayton Ward parent, you will receive private maternity care and advice from a consultant of your choice and our team of dedicated midwives. In partnership with you, we will create a safe, personalised care plan that suits you and your baby for every stage of your pregnancy, birth and postnatal journey.

Our consultant-led care package includes:

- regular appointments with your dedicated consultant throughout your pregnancy
- routine blood tests
- ongoing personalised labour and birth discussions throughout your pregnancy, including in-depth conversations around your birth preferences
- a 24-hour call service, where expert midwives and your consultant are available to respond to queries
- guidance on how to best care for your new baby

You can also access non-invasive prenatal testing at an additional fee. This test will be conducted by an experienced sonographer or consultant.

"As soon as we arrived after my caesarean section, every staff member was incredible. We felt so well cared for. The care was amazing and every staff member has given us such valuable tips to care for our baby girl and ourselves. It made the transition into parenthood so much easier after a long labour and I felt so well supported."

Family's experience at the Clayton Ward



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EXPERT ANTENATAL CARE

To help prepare for your new arrival, we offer a range of antenatal and postnatal classes which take place at the Lindo Wing, St Mary's Hospital.

We allow a maximum of five couples to book on to each course. Our intimate groups give you and your birthing partner time to have in-depth conversations with our midwives and you can also raise any questions or concerns. There will also be opportunities to connect and talk with other parents-to-be in every session.

We can also work in partnership with you to design bespoke courses, which can be delivered in your own home.

As part of your experience at our antenatal classes, we will provide a freshly prepared sandwich, a sweet dessert, a refreshing drink and choice of teas or coffee, which is included in the course fee.

Classes

We recommend antenatal classes are booked any time after 20 weeks of pregnancy.

For more information about any of our courses, course dates or to book your place please contact us on:

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@ imperial.claytonadmin@nhs.net

Antenatal and postnatal classes at the Lindo Wing

Caesarean section workshop

This course is specifically designed for people having a planned caesarean section and includes the following topics:

- birth and caesarean background
- reasons for a caesarean – risks and benefits
- caesarean under general anaesthetic
- relaxation and preparing for your baby's birth
- after your caesarean and recovery

Hypnobirthing workshop

Our hypnobirthing workshop offers a calm and supportive environment for expectant parents to develop practical tools and confidence for a positive birth experience. This is open to all expectant parents and is designed to help you and your birthing partner prepare for an empowered and mindful birth journey.

Infant feeding workshop

This two-hour workshop is led by our highly experienced lactation consultant with an emphasis on breaking down the overwhelming amount of information available for new parents.

The session will focus on the information you need to know about feeding your baby and is ideal for pregnant mothers and parents who have started their feeding journey.

Lactation clinic appointment

An hour-long 1:1 clinic appointment is also available to new parents who would like personalised support with feeding. This can be booked as a separate service or as a helpful addition to the infant feeding workshop.

Baby massage

Our two-hour baby massage class offers you the skills to extend your gift of intuitive touch to help soothe and relax your baby and deepen your bond.

Baby first aid

We offer small group classes for parents wishing to learn more about first aid skills for babies. The two-hour course, run by our expert team, covers the essentials of baby first aid. Topics include CPR, choking, bumps, bleeding, breaks, burns, febrile seizures and meningitis awareness.



THE BIRTH OF YOUR BABY

Arriving at the Clayton Ward

We understand that giving birth can be an exciting yet apprehensive time. You will have the full support of our highly skilled midwives and support workers when you first arrive to the ward, where you will be shown to your room and given time to settle in. On arrival, one of our midwives will make an initial assessment of your condition and liaise with your consultant to discuss your plan of care. If you are planning to have an epidural, the on-call consultant anaesthetist will be contacted and will arrive within 30 minutes. This service is available 24 hours a day.

If your labour progresses normally, you will give birth to your baby in the NHS labour ward or NHS birth centre. In the unlikely event of any complications during your labour, you will be transferred to the obstetric emergency theatre on the labour ward for the birth of your baby. As the Clayton Ward is within Queen Charlotte's & Chelsea Hospital, there is access to around the clock specialist neonatal care for newborn babies and adult intensive care, should they be needed.

If you are booked for an elective caesarean section, you will be asked to arrive at the Clayton Ward two hours before your surgery. You will be prepared by the midwife team and meet the anaesthetist who will answer any questions you may have. You will also be reviewed by your consultant before being taken to the operating theatre for the birth of your baby.

Going home

Postnatally, you and your baby will be cared for by a team of clinicians, who will ensure you and your baby have regular checks.

When you are ready to leave us, you will be seen and discharged by your consultant and/or midwife. The team will perform several checks on you and your baby and arrange any medications you may need to take with you. You will also be given some important paperwork, including the Personal Child Health Record (the red book) and information regarding registering the baby's birth. This all normally takes place in the morning so you can leave around midday. Should you wish to stay later, you can discuss this with your midwife (additional charges will apply).

We have partnered with My 1st Years to offer you a beautiful gift box for every family who gives birth at the Clayton Ward.

Postnatal care package

The Clayton Ward offers an optional postnatal package which is delivered by a small team of our midwives. The package will benefit you and your family by providing holistic support, information and advice from friendly staff, so that you are feeling confident and happy about looking after your baby.

We will provide up to eight sessions, giving you individualised care and support for you and your baby for up to 28 days.

The day after you arrive home from hospital

We will spend undisturbed time with you in the comfort of your own home to see how you are adjusting to life with your new baby.

Around five days after the birth

We will visit you at home to check that you are all still doing well and that your baby's feeding pattern is becoming established. We will carry out the important newborn blood spot test (heel prick) and check your baby's weight. We will also assess your perineum or caesarean section wound and remove sutures if required.



Around 10-14 days after the birth

We will make sure that you and your baby are happy, that your baby is gaining weight and you are recovering well from the birth. The remaining two appointments will take place at a conveniently agreed time and will include topics such as extra feeding support and advice by our trusted midwives or our experienced nursery nurse/maternity support worker team.

Our postnatal care package also includes the following checks to make sure that you and your baby are doing well:

Baby's wellbeing

- head-to-toe check of baby including weight
- feeding support and advice
- assisting with baby care
- newborn blood spot test (heel prick)
- easy access to private neonatologist if required (charges will apply)

Parent's wellbeing

- head-to-toe postnatal check
- emotional and physical wellbeing
- blood pressure check
- infant feeding discussion
- wound care (if required)
- health promotion advice

Alternatively, we can refer you to your local NHS community midwife team from your closest maternity unit, to provide postnatal care for you and your baby.

Neonatal care

As part of your maternity package, you will have access to a neonatologist during your stay at the Clayton Ward. Our neonatologist can support you if you have any concerns about your newborn and they will be able to direct you to any specialist consultant colleague, should they be needed.

The neonatologist will carry out a newborn and infant physical examination (NIPE check) on your baby within 72 hours of birth. This is a thorough 'top-to-toe' assessment and will check for any immediate concerns relating to their heart, hips, eyes or genitalia.

Should your baby require any urgent care after their birth, our NHS neonatal service is on site, providing swift access to an expert team of neonatal specialists. We are able to offer treatment for your baby on the NHS at this point if your baby is eligible for NHS care.

Photography

We can help you capture your experiences as a new family through our newborn photography packages. During a one-hour session our specialist lifestyle photographer will capture portraits of you, your family and your baby.



PAEDIATRIC SERVICES

Please note these services are available at our sister site, the Lindo Wing:

Circumcision

Our dedicated paediatric circumcision service is designed to provide a gentle and safe experience for babies under four weeks of age and their families. We offer a tailored approach to circumcision, prioritising the comfort and wellbeing of each child. From the initial consultation to post-operative care, our comprehensive service is committed to delivering exceptional results while putting the needs of our young patients and their families first.

Frenulectomy or tongue-tie

The first weeks with your newborn are a special time of bonding and discovery but they can also come with challenges, especially around feeding your baby. If you are experiencing concerns, our lactation consultants are here to help. Working closely with your paediatrician, they will support you in identifying the issue and creating a personalised plan that works for you and your baby.

In some cases, a frenulectomy or tongue-tie division may be recommended. Our paediatric surgeon is on hand to perform this safe in-house procedure to release a tongue-tie in order to support better feeding and oral development.

Other conditions

We also offer outpatient consultations for common paediatric surgery conditions such as hernia, undescended testes and hydroceles.



ABOUT US

We provide access to exceptional clinical care and expertise, within some of London's most respected NHS teaching hospitals. As part of Imperial College Healthcare NHS Trust, we have strong links to research, innovation and teaching. This means we actively contribute to advancing healthcare, as well as providing evidence-based treatments and the best possible care for our patients.

All funds generated by our private care services are continually reinvested back into the Trust, to support both NHS and private clinical services. So, by choosing private care at Imperial College Healthcare, you're making a difference to the communities we serve.

Private care at the Lindo Wing, St Mary's Hospital

At Imperial College Healthcare we also offer private maternity services at our sister site, the Lindo Wing at St Mary's Hospital, which has overseen private births for generations of families since 1937.

The Lindo Wing provides a choice of consultant-led or midwife-led private maternity care. It is linked to St Mary's Hospital which has a specialist neonatal care unit.

To find out more visit:

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Contact us

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Imperial College Healthcare
PRIVATE CARE

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